

Exercise and Sports Science Booklist

Course	Books	Author	ISBN	Required?
MSE6117 Psychological Preparation and Mental Skills Training	Applied Sport Psychology: Personal Growth to Peak Performance; 6th Edition	Williams	9780073376530	Yes
	Foundations of Sport and Exercise Psychology; 6th edition	Weinberg	9781450469814	Yes
MSE 6311 & MSE6500 Exercise Physiology	Physiology of Sport and Exercise; 6th Edition	Kenney; Costill; Wilmore	9780736055833	Yes
MSE6510 Management of Sports Injuries	Essentials of Athletic Injury Management; 9th Edition	William; Arnheim; Daniel	9780078022616	Yes
MSE6520 Leadership/Management in Sports and Athletics	eBook: The Business of Sports; 2nd Edition	Rosner; Shropshire	9781449632618	Recommended
	Contemporary Sport Management; 5th edition	Pederson and Thibault	9781450469654	Yes
MSE6540 Sports Performance Enhancement	Essentials of Strength Training and Conditioning	Baechle	9780736058032	Yes
MSE7200 Advances in Health and Wellness	Health Promotion and Wellness	Hawk; Evans	9781451120233	Yes
MSE7321 & MSE6530 Sports Nutrition	Practical Applications in Sports Nutrition; 4th edition	Fink and Mikesky	9781284036695	Yes
	Clinical Sports Nutrition; 3rd edition	Burke, Deakin	9780070277205	Recommended
	The Health Professional's Dietary Guide to Supplements	Talbot, Hughes	9780781746724	Recommended
	Exercise Physiology for Health Care Professionals	Cerny, Burton	9780880117524	Recommended
MSE8211 Sports Performance Enhancement	High-Performance Training for Sport	Joyce	9781450444828	Yes
MSF 7425 Athletic Nutrition Planning and Supplements	Essentials of Sports Nutrition & Supplements	Antonio	9781588296115	Yes
MSF 7250 Epidemiology in Health and Wellness	ActivEpi Companion Textbook	Kleinbaum; Sullivan; Baker	9781461454274	Yes

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MSA7310 Financial Issues in Sports and Athletic Administration	Sport Finance; 3rd edition	Fried; DeSchraver; Mondello	9781450421041	Yes
MSP7100 Seminar for Sports Performance and Coaching Science	Routledge Handbook of Sports Coaching; 2015	Potrac, Gilbert and Denison	9781138860438	Yes
MSA 8310 Communications in Sports	Communication and Sport, Surveying the Field; 2nd Edition	Billings; Butterworth; Turman	9781452279138	Yes
	Strategic Sport Communication	Pedersen, Miloch; Laucella	9780736065246	Yes
MSP7140 Positive Coaching Pedagogy	Successful Coaching Textbook; 4th Edition	Rainer Martens	9781450400510	Yes
BSH8155 Biostatistics	Clinical Epidemiology; 5th edition	Fletcher	9781451144475	Yes

*Classes not listed do not have a required text associated with it